

SHARON
POP WARNER

FOOTBALL
AND
CHEERLEADING

2009
INFORMATION
BOOKLET

“You play the way you practice.”

--College football coach Glenn “Pop” Warner

Players Play

Coaches Coach

Parents Support and Volunteer

**Registration fees are non-refundable:
Returning Players - after August 1st**

New Players – after August 15th

This information booklet is designed to convey pertinent information regarding Sharon Pop Warner Football and Cheerleading. Hopefully, this booklet will answer any questions you may have. This information should be used as a guide but is subject to change during the course of the season. However, if after reading this booklet, you still have questions or comments please refer them to one of our elected board members. The following is a list of the 2009 Board of Directors and their titles:

EXECUTIVE BOARD

PRESIDENT: Cary Nevins	cnevins@jakesplace1.com
VICE-PRESIDENT: Bob Shuman	bobshu@comcast.net
2nd VICE-PRESIDENT: Steve Greenberg	sgreenberg@sassds.org
TREASURER: Andy Kaufman	akofmancpa#comcast.net
SECRETARY: Kristina Dunlea	bkdunlea@comcast.net
CHEER COORDINATOR: Kayin Peters-Lewis	kaypp@aol.com
ASST. CHEER COORDINATOR: Maggie Friedman	maggiefriedman@msn.com
FOOTBALL REGISTRAR: Debbie Bayha	dbayha@firstam.com
CHEER REGISTRAR: Maggie Friedman	maggiefriedman@msn.com
EQUIPMENT MANAGER: Steve Greenberg	sgreenberg@sassds.org

DIRECTORS

Andre Aubin	Jon Jensen
Even Banks	Allison Litner
Jay Byrne	Jeff Rudman
Alan Delgadillo	Paul Shaffer
Patty Deluca	Allan Stern
Irene Fahy	Sandra Tan
Dennis Friedman	Andre Tippett
Gary Fritzson	Caroline Titus
	Michael Woodson

Website: www.sharonpopwarner.net

REGISTRATION FEES FOR 2009:

Football/Cheerleading

First Child - \$100 + \$100 Raffle ticket sales

Second Child - \$100 + 100 Raffle ticket sales

Third Child - \$100 + 100 Raffle ticket sales

Max per family - \$300 + the cost for each child's raffle ticket sales

(A fee of \$25 will be charged for return checks)

OBJECTIVE

The objective of Sharon Pop Warner Football and Cheerleading is to offer every child the opportunity to participate in the sports of football and cheerleading, and to ensure that they do so in a safe, enjoyable yet disciplined environment. We as parents, board members and coaches feel it is essential to emphasize having fun, teamwork, sportsmanship, camaraderie, and physical fitness throughout all phases of our program. Our hope is that each child will take with them the positive lessons, values, and memories experienced during their years with us.

TIME COMMITMENT

Players/Parents should expect to commit a great deal of time to football and cheerleading. Each coach will set up his/her own practice schedule for their squad and will notify you of this some time in July. On average there are 3 to 4 practices per week in August and 2 to 3 in September and October. Football games are held every weekend beginning in September. **Most games are held on Sundays.** Home games are held at Middle School. Times for games will vary depending on the number of teams, the number of available fields, and the away town's time preferences for "away" games.

Team Managers will inform football players and cheerleaders as to how early they need to be at the field before a game. *(Typically, 1 hour before Game Time)*

NATIONAL POP WARNER

RULES AND REGULATIONS

No child can take the field without the proper paperwork. This includes Registration Forms; a city issued Birth Certificate with the raised seal, and a physical or doctor's note **dated after January 1, 2009. The doctor's note must include the doctor's signature and date.**

FOOTBALL

RULES AND REGULATIONS

Players are to attend all practices and games. If you are unable to attend a game or practice, you must notify your coach.

Players are to be at practices and games on time. All equipment issued is the property of Sharon Pop Warner but is your responsibility. This is Sharon Pop Warner equipment and **cannot** be altered in any way. Poor sportsmanship will not be tolerated and may result in forfeiture of a roster position, playing time, etc.

There is absolutely no body piercing or jewelry to be worn at any practice or game.

Due to Pop Warner rules, any child that participates on another competitive football squad is ineligible to play in the Pop Warner Hockomock League.

CARE OF UNIFORMS AND PADS

The following guidelines have been prepared to assist parents/players in maintaining the condition of football equipment as they participate in the Sharon Pop Warner program:

IMPORTANT NOTE: Game Jersey and pants must be cleaned weekly. Please do not place game jerseys in a dryer after cleaning. This will cause the numbering / lettering to peel off the jersey. Please “hang dry” in an indoor washroom or outdoors if weather permits. Game pants must also “hang dry.” Practice Jersey’s will be provided.

NEVER use bleach of any kind on game uniforms. Bleach will ruin the elastic properties of the uniform’s material.

The following upkeep of other equipment is also advised:

HELMETS: Scrub with a mild detergent (Joy, Windex, Simonize wax) and water to remove all markings before each game or as necessary. Do not soak in water

under any circumstances. Keep excessive moisture away from decals on helmet. Only trainer coaches are allowed to adjust air pressure in the helmets. Do not lean, throw, or sit on helmets under any circumstances!

MOUTHPIECES: Thoroughly rinse in clean running water prior to each practice/game. Your child will be issued one mouthpiece. If your child needs more than the initial mouthpiece they receive, they will be available to purchase at a nominal fee. Regulations require that mouthpieces must be attached to helmets; therefore **do not** cut mouthpieces.

CLEATS: Cleaned before games begin and especially after a “muddy” practice session. Pop Warner rules state “shoes: In all divisions of play: sneakers, molded rubber cleats (soccer style), or detachable rubber (football style) cleats are permitted. **No metal cleats are permitted.**”

GIRDLE PADS/ATHLETIC SUPPORTERS: Wash after each use as needed. Following these guidelines will ensure our young player’s health and safety, provide equipment longevity, and reflect the high standards of Sharon Pop Warner Football.

GAME SOCKS: Game socks will be determined by each team’s Head Coach and must be worn on game days.

ADDITIONAL ITEMS NEEDED

All parents must equip players with the following for all practices and games during the season:

1. Football Cleats & practice socks
2. Shirt to be worn under pads at practice & games (t-shirt & long sleeves suggested)
3. Athletic supporter (even girls) – Pop Warner Rule
4. Girdle
5. Arm Pads, Hand Pads, and Gloves are optional.
6. Water bottle or thermos are mandatory at all practices and games.

DISTRIBUTION AND RETURN OF PLAYER EQUIPMENT

Parents / Guardians of rostered football players are responsible for the pick-up and return of player equipment, on the scheduled date, at Horizon’s for Youth

and will be communicated to you by your team manager. Players **must** be present for proper fitting of equipment. Return of equipment will be on a designated day of week following the last regular season game. It is mandatory that **all** equipment be returned on that day. Consider this day to be your final game! (Playoff team's equipment will be returned on a designated day after their final playoff game). There are no other scheduled dates for distribution or return of player equipment.

- **Failure to pick up equipment may result in a delay of starting practice and the season.**
- **Failure to return equipment will result in you child not receiving trophies until you have done so.**
- **The Equipment Manager reserves the right to distribute equipment after your team's scheduled pick-up at his convenience.**

UNIFORMS MUST BE CLEANED BEFORE THEY ARE RETURNED. NO TROPHIES WILL BE ISSUED UNTIL THE RETURNS ARE COMPLETE.

PRACTICES & GAMES

Practices will be held at Deborah Sampson, Ames Street or the High School depending on the level but are subject to change & your coach or team manager will inform you of this. Each coach will set practice days and times. In addition to the regular season games scheduled, each team might participate in 2 or 3 scrimmages during the month of August, played at home or away. There is also the possibility of post-season playoff games.

Playoff games for football can be very expensive and emotional events. Parents and children should be prepared, by winning the Regional Championship Competition, to travel to Disney World in Florida for up to an entire week during school in December as well as fund your child's travel expenses.

MANDATORY PLAY RULE

There is a mandatory play rule for all football players per game. This rule does not have to be adhered to for unexcused missed practices, for discipline reasons, or not being prepared to participate in game conditions. The mandatory play rule is as follows:

Less than 25 players: 10 plays
26 – 30 players: 8 plays
31 & over players: 6 plays

MM Squad

Less than 25 players: 10 plays
26 – 30 players: 8 plays

**All MM Squad players must play 5 plays by the first half

WEIGHT REQUIREMENTS

Each player will be placed on a team according to The Pop Warner Little Scholars' age and weight requirements. Previous team placement is not considered when placing players. All players will be weighed in before every game and any player that does not meet the weight requirements will not be allowed to play that week. The following is a list of football age / weight requirements per squad.

SQUAD	AGES*	WEIGHT RANGE	END OF SEASON
Mighty Mites (older/lighter)	7-8	45-90 lbs	99 lbs
	9	45-75	84 lbs
D Jr. Peewee (older/lighter)	8-9-10	60-105 lbs	114 lbs
	11	60-85 lbs	94 lbs
C Peewee (older/lighter)	9-10-11	75-120 lbs	129 lbs
	12	75-100 lbs	109 lbs
B Jr. Midget (older/lighter)	10-11-12	85-135 lbs	144 lbs
	13	85-115 lbs	124 lbs
A Midget	11-12-13-14	105-160 lbs	169 lbs

(older/lighter) 15 105-140 lbs 149 lbs

* AGES AS OF JULY 31, 2009

Any player who is at the maximum weight amount allowed for that squad is allowed to gain 1 pound per week during the playing season. If they exceed that amount for that week, they will not be able to play. At time of game weigh in; an additional weight allowance is given for equipment. **The Hockomock and or Pop Warner Little Scholars program determines the mandatory play rule and weight requirements. These may be subject to change.**

CHEERLEADING

CHEERLEADING RULES AND REGULATIONS

All cheerleaders will cheer rain or shine for the entire length of the game. If game/practice is cancelled, their head coach or team manager will advise families via email.

All issued equipment is the property of Sharon Pop Warner but is your responsibility.

All cheerleaders should bring drinking water to practices and games. Bug Spray is recommended but can only be applied by parents unless a signed release is given for coaches to apply bug spray.

All practices are **mandatory**. If you are unable to attend, for any reason, you must call a coach at least one hour prior to practice. This also applies to games. The coach will determine if the absence is excused or unexcused. An excused absence is for illness, a family obligation or school related work. There will be no absences, late arrivals, or early dismissals allowed for other sports or activities that directly conflicts on a regular basis with scheduled practices and games. Religious and educational activities are excluded from this rule. The head coach/ cheer coordinator or Board of Directors will have sole discretion on implementation of this rule.

Most squads will practice 2 to 4 times a week during the summer months at Deborah Sampson. Your coach will notify you of day and time.

Once school starts, practices may or may not drop down by a day depending on the squad level. These practices then may move to an indoor location depending on squad level and availability of space. If there are no indoor facilities available, practice will be held outdoors. On game day, squads generally meet 1 hour before games to warm up and make adjustments to squads.

Participants must be prompt for all practices. Cheerleading is a team sport and therefore requires a full team; schedule other activities before or after. **We ask the same of parents at the conclusion of practice when picking up your child.**

A parent or guardian must attend all practices (exception: A, B, and C) for parental supervision as well as coaches' announcements.

While at practice, you are there to learn cheers, not fool around. There is to be no arguing with fellow cheerleaders. Cheerleaders are expected to attend every practice. Always remember, you are a squad. Continued problems will result in disciplinary action. A coach will have the right to decide upon disciplinary action including sitting a cheerleader out of practice.

Shorts, or sweatpants and practice t-shirts will be worn at practice, (your coach will give you specific information). Cheer sneakers provide the best support and comfort although others are allowed depending on squad level. The cheer coordinator will inform everyone of this at the parent information session to be held in May.

For safety reasons, no gum chewing, earrings, or jewelry of any kind including toe rings are permitted. **National Pop Warner rules state, "all piercing must be removed"**.

Hair must be neat and out of eyes. Any shoulder length hair or longer must be tied back. Make up or henna tattoos are not to be worn at practices and/or games. This includes nail polish.

Only drink clear liquids while in uniform. Although there is a snack shack at every game, only short breaks will be given after the girls half-time routines. Most likely they will not have time to eat as they are expected to be back in line ready to cheer when the football players take the field for the second half. We suggest each cheerleader eat either before or after their game.

During all games, cheerleaders must display cooperation, courtesy, and friendliness to all. There will be no negative demonstration of any kind.

Please remember that you are part of a squad and are expected to treat your fellow teammates, coaches, players, and fans kindly and respectfully. All coaches will enforce this.

These rules are for the benefit of the team. Have fun and be proud of yourselves, you are a Sharon Eagles Cheerleader.

MAINTENANCE OF UNIFORMS

We make every effort to distribute clean uniforms at the beginning of the season, please return in the same condition. Uniforms are to be machine-washed, gentle

cycle, cold water and hung to dry. **PLEASE DO NOT DRY CLEAN!** No bleach additives.

Uniforms will be handed out either the 2nd or 3rd week of August. During the course of the season, if a uniform is damaged or lost, there will be a replacement cost.

ADDITIONAL ITEMS NEEDED

Sneakers, body suit, bloomers, socks, bows, rain jackets, pants, jackets, and possibly warm-up suits will be available for purchase, along with additional items through a Sharon Pop Warner dealer. Which items are mandatory items will vary based on squad level which you will find out at the information session & via email.

SQUAD NAMES AND ASSIGNMENTS

Mascots can be either 5 or 6; we generally try to keep them on the Mites team or with older siblings (football or cheer). Although sometimes this is not possible: **National Pop Warner Rule states you may not have more than half the number of cheerleaders on a squad as mascots.** Re-assignment will be based on order of sign-up or at either cheer-coordinators discretion.

Mighty Mites are ages 7 through 9 who are usually cheering for the first time. They should be getting an introduction to cheerleading, learning the game of football, sideline cheers & dances and basically having fun!

D or Jr. Peewees are ages 8, 9, 10 & 11*. They should be focusing on voice improvement, introduction to jumps, simple partner stunts; they can learn a short half-time routine and continue to add to their repertoire of sideline cheers and dances. They should be learning some basic tumbling skills and splits. They should also be learning arm motions.

C or Peewees are ages 9, 10, 11 & 12*. They should be learning some basic partner stunts, polish their voices, increasing sideline cheers and dances.

B or Junior Midgets are ages 10, 11, 12 & 13*. They should have a good solid background in cheerleading terminology. They should know the game fairly well. The cheerleaders will be focusing on conditioning, polishing jumps, splits, tumbling, dancing and learning more complicated stunts. These cheerleaders are

required to participate in competition and will be learning a competition cheer, which includes music. They should perfect their motions and voices. If you child is new to cheering the coach will catch them up

A or Midgets are ages 11, 12, 13, 14 & 15*. They should be focusing on all of the same skills and techniques as the B squad, although the level of competition at this level is much more sophisticated, but new cheerleaders will be taught everything they need to know to get them right up to speed with the other cheerleaders.

* May be older on the squad. This may occur due to squad size or corresponding ages to the football team.

Squad Assignment is based on annual registration period, the previous year's squad assignment does not automatically ensure the "next squad up" the following year. Squad assignment is based on age, the number of registrants, etc. Sharon Pop Warner will make every reasonable attempt within its team building guidelines to place siblings on the same squad or teams with similar game schedules.

Ontech
Jan 3, '07, 11:16 AM
Added Text

Ontech
Jan 3, '07, 11:17 AM
Added Text

“Athletes lift weights, cheerleaders lift athletes”

COMPETITION SQUADS

All A & B Squad Cheerleaders are required to participate in the competitions held starting in October. There may be additional competitions held as squads advance. Competitions are held in October and November for Regionals, and the first week of December in Disney World should any squad advance to Nationals. Practices for these squads are much more intense and time consuming. They should also be of a high priority. Please be absolutely certain that they are ready for the commitment.

Parents and children should be prepared for playoff games and competitions for cheer squads. In case of a National competition, cheerleaders might have to travel for up to an entire week during school in December as well as fund your child's travel expenses.

The cheerleaders begin practicing a competition routine very early in the season as well as a half-time routine. Stunting and conditioning are essential to putting together a good routine and much time is spent matching up cheerleaders to perform stunts. Conditioning consists of a lot of running, push-ups, sit-ups, etc. Conditioning is something that will start on the first day of practice and will continue throughout the year and each child is required to participate in all conditioning drills.

Due to Pop Warner rules, any child that participates during the season on another competitive cheerleading squad is ineligible to play in the Pop Warner Hockomock League.

FUNDRAISING

Fundraising activities are an essential part of our program and registration fees only cover a portion of what it takes to put our children safely on the field. Our fund raising efforts are relied upon to support a majority of the program costs. The community, parents and children are a vital part of this effort and we cannot do it without you.

There may be additional and unforeseen team expenses i.e. national championships where an additional fundraising effort is needed.

The 2009 season fundraising activities are planned as follows:

RAFFLE TICKETS: Each child will be responsible for selling \$100 worth of raffle tickets paid for in advance at registration. This is in lieu of canning. For National Competitions, canning may be used as an optional fundraiser.

YEARBOOK: Each year, we have a Sharon Pop Warner yearbook consisting of team photos, game photos, and business advertisement and family congrats to participants. Your contribution to the businesses that donate to our book is greatly appreciated.

APPAREL: This year we will sell various items containing our Logo. More information on this will be given out during the season. Apparel can be ordered at any time through our website or you can e-mail an order to: _____

We thank the parents, players and cheerleaders for all their past and future support. We can not succeed without you.

There is no option to buy out of fundraising.

VOLUNTEER DUTIES

PARENTAL/FAMILY COMMITMENT

Sharon Pop Warner Football and Cheerleading is requiring families to donate 5 hours of time per family during the season to support the many on-going activities of the season. This could include assistance with concessions, selling raffle tickets, football games parent responsibilities and everyone's favorite – CLEAN UP! No job is too small and a little effort can go a long way.

The snack shack is a vital part of the program. Proceeds from the sale of food, refreshments and soft goods help defray the cost of EMTs, referees and other various organization expenses.

**No one under 18 is allowed in the snack shack

The Board of Directors, Coaching Staff or Team Manager will be able to provide more information concerning this during the season. We thank you in advance for your support and cooperation.

It takes hundreds of man-hours to host a home game never mind run a whole season. Failure to participate in these activities will affect your child's participation in Sharon Pop Warner's Football and Cheerleading program.

Thank you all in advance for you participation in the 2009 Sharon Pop Warner "Champions" Season. Let's all remember who we are here for and have a safe and fun season.

PAPERWORK REQUIRED

Each participant must turn in a standard medical form signed by the doctor stating that he or she has had a physical examination and is physically fit to participate in sports. Physical examinations must be dated **after January 1st 2009, and submitted before July 1st.** A doctor's note stating that the child is able to participate in sports is also acceptable. The doctor's signature and date must be legible on the note or physical. **No child will be allowed to participate in any capacity during the 2009 season unless all paperwork (including the doctor's note) has been turned in before August 1, 2009.**

An original copy with the raised seal of the participant's birth certificate, if this is **his/her first year**, must be brought to registration. A copy of it will be made and it will be returned during the season. An approved copy of the birth certificate is required to be on file.

A copy of the 2008-2009 year's **final** report card is to be turned in **prior to July 1st.** Required scholastic forms will be distributed for completion during the first week of practice.

All of this paperwork plus payment in full for the season is required in order for your son/daughter to participate in the program. If any of these requirements are not met **by August 1, 2009 your child will not be permitted to participate in any capacity at all during the 2009 season.**

You will be asked to provide an e-mail address at registration. This will be used by the association as well as your child's coach to communicate important information throughout the year.

ADULT BEHAVIOR

At any Pop Warner Event, practice or competition, any adult who: 1) verbally abuses; 2) attempts to intimidate; 3) is flagrantly rude, or, 4) cannot control their language or actions with an official, coach or Pop Warner volunteer will be asked to leave the Pop Warner event. He or she will receive a written warning regarding their behavior. His or her child(ren) will be immediately removed from the Pop Warner event.

Any adult that commits a second similar offense will be banned from Pop Warner events for the remainder of that season and their child(ren) removed from Pop Warner for the remainder of that season. Any adult who physically assaults an official, coach, or Pop Warner volunteer will be banned from Pop Warner and their child(ren) removed from Pop Warner program for one year from the date of the offense. The child(ren) may not participate in another Pop Warner Association during the sanctioned period. After one year, the parent may apply for reinstatement of his or her child(ren). If the adult commits a second offense, he or she will be permanently banned from Pop Warner and the child(ren) permanently removed from Pop Warner.

The term physical assault includes, but is not limited to: hitting, slapping, pushing, spitting, kicking or striking in any way with any part of the body or physical implement.

Parents or Guardians are not permitted to communicate with the Hockomock league and its officials. All communications should be handled through Sharon Pop Warner representatives. Failure to comply with this could result in a fine to the Sharon Pop Warner association and could result in a penalty to you or your child.

There are no refunds or partial refunds for any infractions.

National Pop Warner Little Scholars Academic Program

Pop Warner Little Scholars, Inc. (PWLS) is the only national youth sports organization in America that requires its participants to perform adequately in the classroom before permitting them to play. We believe that the standards we have set give these children a sense of responsibility and an appreciation for academics and athletics that will help them develop later on in life.

Like such organizations as the [National Collegiate Athletic Association \(NCAA\)](#) and [National Federation of High Schools \(NFHS\)](#), PWLS has academic guidelines and criteria that need to be met in order for a child to participate.

SCHOLASTIC FITNESS: THE NATIONAL POLICY

Proof of satisfactory progress in school is required. A 2.0/70% or the equivalent shall be the minimum grade point average acceptable to participate. In cases of doubt or conflict of opinion, a written statement by the school administration shall be deemed final. NOTE: This rule as it relates to scholastic grades may not be made more stringent by any team, association, or league, as other rules may be. No local team/squad may be eligible to participate in league championships and/or bowl games if it has not met the nationally published scholastic requirements.

WHAT IF I DON'T HAVE A 2.0/70% GRADE POINT AVERAGE?

We understand that not all student-athletes are able to meet our scholastic requirements. If a child does not meet the requirements of scholastic fitness, he/she may fill out and submit a Scholastic Eligibility Form which is to be signed by a school administrator stating that the child will benefit from participating in the Pop Warner Program. It is the discretion of the school administrator as to whether or not the student would benefit from participating in Pop Warner. This form allows us to monitor the progress of the child so that they maintain a minimum standard and understand the value of academics in conjunction with athletics

To be eligible for the Scholar All-American Program you need to meet the following criteria in order to be considered:

1. Currently be in 5th Grade or higher for the Pop Warner Season
2. Have a 96% Grade Point Average (GPA) from your previous school year's report card.
3. Have a Complete Full-Years Report Card from your previous school year to prove eligibility.

ADDITIONAL NOTICES

Lastly, the Sharon Pop Warner Football and Cheerleading program was formed for the benefit of our children. We are hoping to teach the children of Sharon to be good sports, become physically fit, and to have fun.

The program was not started for parents to have a time/place to exercise their pets. Therefore, we request that you DO NOT BRING ANY PETS OR ANIMALS TO ANY PRACTICES OR GAMES. The animals may scare some children and pose a distraction to some other children, while they are trying to learn a sport in which their concentration is essential. One child watching a puppy run around the field could cause another child to get hurt. There is also a health risk. Even though you clean up after your pet, there are residual germs left behind that your child may be falling into. PLEASE HELP US KEEP THE FIELDS CLEAN AND THE PRACTICES AS SAFE AS POSSIBLE.

We hope that this information assists you during the season. Sharon Pop Warner would like to express its appreciation to the numerous volunteers & supporters throughout the years. Without this support our Association would not be able to achieve its goals.

We look forward to meeting with you and your children during the 2009 football/cheerleading season.

Important Dates:

March 19, 2009	Registration – Community Center Ballroom
March 2, 2009	2 nd Registration – Community Center Ballroom
May, 2009 (Date TBA)	Cheer Parent Night – Community Center Ballroom
June, 2009 (Date TBA)	Equipment pick up – Horizon’s for Youth
July 1, 2009	All Paperwork due
July, 2009 (Date TBA)	2 nd Equipment pick up – Horizon’s for Youth
August 1, 2009	Children dropped from program if paperwork is still missing.
August 3, 2009	First Practice
August 10, 11, 12, 2009	Team Head Shots
August 29, 2009	Official Weigh In
September 5-7, 2009	First Game
September 12, 2009	Second Official Weigh In
October 3, 2009	Cheer Exhibition
October 24, 2009	Cheerleading Competitions
October 28, 2009	Start of Playoff Games
November 14, 2009	Regional Football Championships
November 21, 2009	Regional Cheerleading Championships

Please note that all these dates are subject to change. Any changes will be immediately posted on our web site

PLEASE SIGN, DETACH AND TURN IN DURING THE 1ST WEEK OF PRACTICE

This form needs to be returned to the Head Coach during the first week of practice. If there are multiple siblings, please photocopy this form and return a copy to each coach.

I, acknowledge that I have read the Sharon Pop Warner Informational Booklet for the 2009 season and that I understand and will comply with all herein. I understand that not complying with the parameters listed may subject my son(s) / daughter(s) to be ineligible to participate during the 2009 season.

Signature

Date

Home Address

Phone Number

Children's Names:

Registration fees are non-refundable after May 1, 2009